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PHOTO CREDIT: ANTHONY ALLIN

MANITOU MATTERS

September 2017

IN THIS ISSUE

Farewell Summer...

Manitou Beach was a bustling hub of activity this past summer. With a reclaimed beach area (the West Beach) and an improved Main Beach, residents were able to enjoy their village once again. Visitors flocked here from miles around to take a dip in Little Manitou Lake and get in on the summer action.

Other events and activities also drew people back to our village. Our July 1st Canada 150 combined with our Watrous and Manitou Beach Homecoming (hosted by our **Recreation Board**) to create a weekend full of fun local activities. Some of the highlighted events were a beach boogie, fireworks display with audio, artisans craft market and more. The Manitou Beach Flea Market brought in vendors and shoppers galore all summer long as well. Our annual community and volunteer barbecue was held in June.

Our local **Communities in Bloom** Community Garden found itself in its second successful year. They also put on a Garden Tour and Strawberry Tea in late

July. Their popular **Bingo** nights continue every Thursday in September (exception: Bingo will be held Wed., Sept. 6 instead of Thurs., Sept 7).

The Healing Skies Conference was held in Manitou Beach in August. One of our local ND's spearheaded the event that showcased the many alternative health modalities available in our community, and in Canada.

The Village purchased a new projector for the **Jubilee Drive-In** that increased traffic to the village and sparked a renewed interest in the outdoor theatre. Special thanks to this season's operator, Tara Hayden for doing such a great job!

Last but by no means least, our biennial **Manitou Maple Madness Chainsaw Carving Competition** which took place August 10 – 13th drew in an eclectic mix of artists and visitors. See more on this event in this special edition of *Manitou Matters*.

Start getting your recipes out as our monthly **Mingles** (and potlucks) - hosted by the MB Recreation Board - will begin again soon.

SPECIAL CHAINSAW EDITION!

Resort Village of Manitou Beach...

Mayor: Gerald Worobec, **Deputy Mayor:** Douglas Guenther **Councillors:** Laurie Bzdel, Chris Moffatt, and Larry Zemplak **Maintenance:** Bryan Marciszyn, Duane Stewart, Fran Potts & Matt Somers / **Office:** Bev Laird, Lori Harper & Samantha Nagthall.

In this issue: Revisiting Summer 2017, Manitou Maple Madness, Health & Safety: Suicide Prevention, MB Flea Market, Bingo, e-Billing, Grandparents Day: September 10! New Sculptures in Manitou Beach...



Drawing: nanaimo.whatsondigest.com

The Manitou Beach **Flea Market** continues on Sunday's in September, weather permitting.

Manitou Maple Madness Chainsaw Carving Competition

50/50 Winners:

Thursday – Luda Cisna won \$195.00

Friday – Agnes Emisch won \$80.00

Saturday – Lynn Martin won \$460.00

Carver's Choice: A Three Way Tie!

Ryan Villiers, Michael Andrychuk & Jim Niedermayer

People's Choice:

Congratulations, Ryan Villiers.

Carvings:

- 1st Place Doug Lingelbach for "Prairie Meets the Sea"
- 2nd Place Ryan Villiers for "The Beast"
- 3rd Place Michael Andrychuk "Gitche Manitou"

CONGRATULATIONS TO ALL OF THE CARVERS FOR THEIR ARTISTRY, HARD WORK AND AMAZING CARVINGS.

One of this year's carvings.



Thank you...

- Cozy Corner Suites
- TB's Bar & Grill
- Mike's Beach Bar
- Husqvarna
- Al Madlane
- Lou Carriere
- Watrous Home Hardware
- Watrous Kinsmen
- Blair's Fertilizer
- John Volk
- Melron Services
- Watrous New Holland
- Cervus Equipment
- Jesse Weber
- Jerry Urusky
- Town of Loreburn
- Model Meats
- Watrous Bakery
- Affinity Credit Union
- Watrous Co-Op
- Manitou Springs Resort & Mineral Spa
- Manitou Maple Madness Committee
- Watrous Childcare Inc.
- Manitou Beach Golf Course
- 5 Pin Taxi
- Manitou Beach Communities in Bloom
- All volunteers



Axe Throwing Competition
Winner: Lorraine Worobec
(Not pictured)



The Water Boiling Competition was a huge hit!

A special thanks to Daniel at TWM for the above photo.

Manitou Maple Madness Chainsaw Carving Competition



Quick Carve Silent Auction	Winning Bid
<i>One Face</i> , Kevin Bendig	\$550.00
<i>Two Ravens</i> , Wayne Seabrook	\$225.00
<i>Three Faces</i> , Matt Loper	\$450.00
<i>Wine Rack</i> , Mike Andrychuk	\$450.00
<i>Minion</i> , Ryan Villiers	\$325.00
<i>Turtle</i> , Doug Lingelbach	\$600.00
<i>Beaver</i> , Jim Niedermayer	\$575.00

We are proud to announce that half of all sales from the **Quick Carve Competition** (\$1,587.50) went to **Watrous Childcare Inc.** in the form of a **donation**. We would like to thank Watrous Childcare Inc. for volunteering at the competition as well, and wish them every success in their fundraising. We'd also like to thank those who participated in the bidding.

Carver Michael Andrychuk was in the spirit of giving and donated his carving (below) to Watrous Childcare Inc.

Michael Andrychuk's painted carving was donated to Watrous Childcare Inc.



MANITOU MAPLE MADNESS
AUGUST 8TH – 11TH, 2019



Health & Safety: Suicide Prevention

World Suicide Prevention Day is September 10th and the Canadian Association for Suicide Prevention states that suicide is a major public health issue in our country. Today in Canada approximately 11 people will end their lives by suicide. In addition, approximately 210 others will attempt to end their lives by suicide today. For each death by suicide it has been estimated that the lives of 7-10 bereaved 'Survivors' are profoundly affected. This means that today 77-110 people will become newly bereaved by suicide in Canada. Suicide is a critical public health issue here and abroad. Here it is one of the top ten leading causes of death, with rates increasing over the past 60 years. In 2012, suicide is ranked as the 9th leading cause of death in Canada. According to Statistics Canada there were 3,926 suicides in the year 2012. Males were three times more likely to die by suicide than females. This much higher rate of suicide for men compared to women has been a trend consistent over time in Canada. Although men are more likely to die by suicide, females are 3-4 times more likely to attempt to end their lives. In addition, women are hospitalized 1.5 times more often than males for suicide related behaviors. This discrepancy may be due to the fact that females tend to use less immediately lethal methods. Based on data from the Canadian Community Health Survey, 14.7% of Canadians have thought about suicide and 3.5% have attempted suicide in their lifetime.

One hundred and fifteen people died by suicide in 2005 in Saskatchewan at a rate of 11.5 per 100,000 population. Suicide death was more common in males (17.1 per 100,000) than females (6.0 per 100,000) after adjusting for age.

SUICIDE AROUND THE WORLD

Every year, almost one million people die from suicide; a "global" mortality rate of 16 per 100,000, or one death every 40 seconds. Worldwide, suicide ranks

among the three leading causes of death among those aged 15 – 44 years. Suicide accounts for more loss of life in the world than the total number of deaths from war, acts of terrorism and homicide combined. In the last 45 years suicide rates have increased by 60% worldwide. Suicide is among the three leading causes of death among those aged 15-44 years in some countries, and the second leading cause of death in the 10-24 years age group; these figures do not include suicide attempts which are up to 20 times more frequent than completed suicide. Suicide worldwide is estimated to represent 1.8% of the total global burden of disease in 1998, and 2.4% in countries with market and former socialist economies in 2020.

Although traditionally suicide rates have been highest among the male elderly, rates among young people have been increasing to such an extent that they are now the group at highest risk in a third of countries, in both developed and developing countries.

Mental disorders (particularly depression and alcohol use disorders) are a major risk factor for suicide in Europe and North America. Suicide is complex with psychological, social, biological, cultural and environmental factors involved. Source and for more information, visit: <https://www.suicideprevention.ca/>

Grandparents Day: Sept. 10

Celebrate grandparents – do something special for them on Sunday, Sept. 10/17.



OTHER NEWS

Terry Fox Run: Sept. 18th



Photo and story: www.terryfox.org

Diagnosed with osteogenic sarcoma (bone cancer) in his right leg in 1977, Terry had his leg amputated 15 cm (six inches) above the knee. While in the hospital, Terry was so overcome by the suffering of other cancer patients that he decided to run across Canada to raise money for cancer research. He called his journey the Marathon of Hope.

By February 1, 1981, Terry's dream of raising \$1 for every Canadian was realized – the Terry Fox Marathon of Hope fund totaled \$24.17 million. Terry died in June 1981.

e-Billing (Tax and Utility)



The Resort Village of Manitou Beach wishes to encourage those residents who have yet to sign up for e-billing to do so. E-billing is a convenient way to receive your bills in a timely fashion. Receiving your bill promptly eliminates delivery delays allowing you to pay your bill on time and avoid interest charges. Sign up today by contacting the office. Thank you.



Above Photo Credit: Anthony Allin

Other photos: S. Nagthall

"There shall be eternal summer in the grateful heart."

— Celia Thaxter



Metal Turtle Sculpture by Sarah McKen

Thank you for supporting the Resort Village of Manitou Beach this summer!

Watch for a second metal sculpture – a woman – on the walking trail between Unwin & Charles Streets.