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Photo credit: S. Nagthall

Manitou Matters

August 2017

MANITOU MAPLE MADNESS IS BACK!

Yes, it's back! Join us August 10th – 13th for our Manitou Maple Madness Chainsaw Carving Competition. This, our second such event, welcomes back some previous carvers as well as first-timers to compete and show-off their skills. The Village is still seeking volunteers for various spots so please swing by the office, drop us a line through email, or call to sign up. See page 2 for more on this popular event.

CIB Garden Tour & Tea On July 30th our Communities in Bloom folks organized a self-guided tour showcasing lovely local gardens. Included in the tour was a strawberry tea in Wellington Park.

Uncut Vegetation Policy 024-2017 It's (almost) that time again – so please ensure that your grass is less than 8"H or it will be cut by the village maintenance staff and you will be invoiced for the work. Aug 30th is the deadline.

Regulate Vehicles Parking Bylaw 9-2012 states that vehicles used for camping or lodging will not be allowed to park overnight on any public reserve in

the Resort Village of Manitou Beach except the area designated as over flow camping, and this is only to be allowed when the Manitou & District Regional Park Campground is full. A permit is required from the village office and there is a fee.

The Watrous Manitou Beach Heritage Centre Calendar & CIB Self-Guided Tour Map are available for purchase at the village office for a cost of \$20/calendar and \$6/laminated map. The map provides a self-guided tour of historic plaques located throughout the village. A regular paper map is also available for \$5. All proceeds go toward the WMB Heritage Centre (calendar) and our Communities in Bloom (maps).

We will be closed Monday, August 7th to observe the Civic Holiday. **REACT Pick Up** will take place on Tuesday, August 8th.

Littering such as the disposal of garbage, cigarette butts, and other rubbish should be placed in the receptacles provided around the village. Help keep Manitou Beach clean. ❤️

Resort Village of Manitou Beach: Mayor, Gerald Worobec – Deputy Mayor, Chris Moffatt Councillors, Laurie Bzdel, Douglas Guenther and Larry Zmlak – Maintenance, Bryan Marciszyn, Fran Potts, Duane Stewart, Matt Somers, Omary Mandari, Troy Sundquist, Landon Laird, Brayden Moneo - Office, Bev Laird, Lori Harper and Samantha Nagthall. Farewell to our summer students!

August 12th is **International Youth Day**, August 19th is **World Humanitarian Day** and August 31st is **International Overdose Awareness Day**. To learn more about the above, as well as other health awareness items highlighted in August, visit: <http://www.hc-sc.gc.ca/ahc-asc/calend/index-eng.php>

IN THIS ISSUE: **Manitou Maple Madness!** Uncut Vegetation Policy Reminder, Regulate Vehicles Parking Bylaw, Calendar & Maps for sale, Bingo, August Health Days, Health & Safety: Overdose Awareness, Affinity Credit Union Grant Update, **The History of Manitou column will return in the fall...**

Manitou Maple Madness!

Chainsaw Carving Competition: Aug 10th – 13th

FEATURED CARVERS:

Ryan Villiers, Edmonton AB - See Ryan's carvings on Facebook: Villiers Wyld Wood / **Marina Cole**, Medicine Hat AB - See Marina's carvings on her website at: www.ChainsawSpirit.ca / **Michael Andrychuk**, Edmonton AB - Placed in the top 3 in 2011, 2012 & 2014 Chainsaw Carving Competitions / **Kevin Bendig**, Nelson BC - See Kevin's work on Facebook: Samadhi Collective / **Matthew Loper**, Grandview Indiana USA - See Matthew's work on Facebook: Loper's Extreme Chainsaw Art / **Jim Niedermayer**, Pine Falls AB - See Jim's work on www.chainsawsculpture.ca or his Facebook page: james.niedermayer / **Douglas Lingelbach**, Saskatoon SK – Representing Saskatchewan! We welcome all carvers to Manitou Maple Madness!

A very warm **WELCOME** to both new and returning carvers, and a special **THANKS** to all of the volunteers and donors who have helped make this event possible. - Resort Village of Manitou Beach

EVENT ITINERARY

Thursday, August 10th:

9 am – 5 pm Carvers in action
 11 am – 9 pm Beer Garden
 6 pm – 8 pm Carver's Quick Cut Competition

Friday, August 11th:

9 am – 8 pm Carvers in action
 11 am – 9 pm Beer Garden
 10 am – 12 pm Axe Throwing Seminar by Kat Spencer
 1 pm – 2 pm Kat Spencer, Lumber Jill – Axe throwing & wood chopping demonstration
 3 pm – 5 pm Axe Throwing Seminar by Kat Spencer
 6 pm – 8 pm Axe Throwing Competition

Saturday, August 12th:

9 am – 8 pm Carvers in action
 11 am – 9 pm Beer Garden
 10 am – 11 am Axe throwing competition practise
 11 am – 12 pm Kat Spencer, Lumber Jill – Axe throwing & wood chopping demonstration
 1 pm – 3 pm Axe Throwing Competition & Finals
 6 pm – 8 pm Water Boiling Competition

Sunday, August 13th:

9 am – 2 pm Carvers in action
 12 pm – 3 pm Beer Garden
 2 pm – 3 pm Judging

**PURCHASE YOUR 4 DAY PASS FOR \$15 OR
 PURCHASE A DAY PASS FOR \$5.**

GET YOUR EVENT OR DAY PASS AT THE GATE.



International Overdose Awareness Day

August 31, 2017



Photo credit: The N.C.A.D.D.

International Overdose Awareness Day (I.O.A.D.) is a global event held on August 31st each year and aims to **RAISE AWARENESS** of overdose and reduce the stigma of drug-related deaths. It also acknowledges the grief felt by families and friends, **REMEMBERING** those who have met with death or permanent injury as a result of a drug overdose. Overdose can affect anyone. **Know what an overdose looks like.** Alcohol, depressants, opioids, psychoactive substances and stimulants all have unique overdose symptoms. **Overdose death is preventable.**

In our province, Methamphetamine use is the highest it has ever been.

“Crystal meth use has climbed in Saskatchewan since 2005, when it first started making headlines in the province,” writes Alicia Bridges of CBC News. “The numbers have spiked most dramatically since 2013. From 2015 to 2016, the number of people reporting crystal meth use when admitted to drug treatment services jumped by 200 per cent. Police are also reporting major growth in the number of crystal meth-related charges, which were seven times higher last year than in 2013.”

WHAT IS AN OVERDOSE? An overdose means having too much of a drug (or combination of drugs) for your body to be able to cope with. There are a number of signs and symptoms that show someone has overdosed, and these differ with the type of drug used. All drugs can cause an overdose, including prescription medication prescribed by a doctor. It is important to know your correct dosage, what drugs definitely should not be mixed, and know to seek help if you feel you are not in control of your drug use.

WHEN TO CALL AN AMBULANCE: In addition to unconsciousness, call for emergency help when someone is: having a seizure, experiencing severe headache, experiencing chest pain, experiencing breathing difficulties, extremely paranoid, agitated and/or confused.

STATISTICS: In North America (USA), close to 44,000 people die each year from a drug related overdose. That is approximately 120 deaths per day. Globally, it is estimated that there are 187,000 deaths each year by overdose.

It is not necessary for someone to have all of these signs or symptoms for them to be overdosing. Exhibiting only a few could still mean they are in trouble and need emergency help. Get all the facts and be aware!

More information and fact sheets can be found at www.overdoseday.com

Sources: <http://www.cbc.ca/news/canada/saskatoon/minister-reiter-meth-crisis-response-saskatchewan-1.4138363>
<https://www.overdoseday.com/>



Last month we reported that the Resort Village of Manitou Beach was the recipient of Affinity Credit Union's District Council Funding Grant. This \$2,000 grant will go toward our newly acquired digital projector for the Jubilee Drive-In. Mayor Gerry Worobec accepts the cheque with gratitude from Affinity Credit Union's Pat Isherwood.

Fun in the Sun: Summer at Manitou Beach...



The RVMB participates in the Canada 150 Parade and rallies the community in support of our episode of Still Standing (July 4).

Visitors (and residents) flock to the beach to cool off in beautiful Little Manitou Lake.



PLEASE NOTE THAT BINGO WILL TAKE PLACE TUESDAY, AUGUST 8TH INSTEAD OF THURSDAY AUGUST, 10TH.

BINGO CONTINUES EVERY THURSDAY AT OUR COMMUNITY HALL WITH THE EXCEPTION OF THE ABOVE.

